

Alpine	3196
Campo	1256
Descanso	776
Guatay	200
Harbison Canyon	720
Jamul	952
Pine Valley	956
Total	8056

# ALPINE ECHO

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LOCAL

## Detailed Plans Of Proposed Water District Are Explained At Meeting

### QUESTIONS AND ANSWERS ON ISSUES OF BONDS FOR SCHOOL

EDITOR'S NOTE: The following is the continuation of a news release from the office of Mr. Clyde T. Gilley, Superintendent of the Alpine School District.

#### How Much Will the Bond Issue and State Loan, If Approved, Raise Taxes?

The provisions of Chapter 19 under which we are applying for a state loan limits the tax levy for debt services to 45 cents per \$100 of assessed valuation. Our tax levy for these services is slightly over 38 cents this year. Therefore, the increase resulting from the passage of both

the bond issue and the state loan would be approximately 6½ cents per \$100 of assessed valuation, regardless of the amount spent for construction.

#### What Expenses Have Already Been Incurred and How Will They Be Paid?

There are certain specific legal requirements which must be met in a state-aided building program. Those requirements which apply in Alpine's application for state aid and which have already been met include: architect's preliminary drawings, appraisals, surveys, soil tests, and election expenses.

Unless the bond issue and state loan are approved all these expenses will have to be paid from the general operating budget. If the bond issue and the state loan are approved all these costs except the election expenses will be paid from the state loan but not from the bond issue because the law prohibits the use of bond sale proceeds to pay for any service rendered prior to the bond election.

The law prohibits the use of public funds for such purposes as the production and distribution of literature, hand bills, etc., for the purpose of promoting a bond issue. The cost of printing the brochures which explained the needs for a bond issue and which were distributed prior to the last election was borne by private citizens.

#### What Grades Will Be Housed at The Harbison Canyon Site?

Kindergarten through six plus those enrolled in the mentally retarded program.

#### Why a Mentally-Retarded Program?

At present our M-R pupils are being transported to Santee at County expense. However, Santee is overcrowded and cannot accept

Continued on Page 2

### Alpiner Hooks Big Marlin In Mexico

Mrs. Blanche McCall of McCall's Ranch School (who never has been fishing before!) landed a 173 pound marlin at La Paz, Mexico.

Blanche and her son Barry, who were in Mexico on a business and pleasure trip during Easter vacation, were out on a sport fishing boat with another family when she hooked the fourth marlin of the season. It caused quite a sensation in La Paz, and Blanche was even interviewed on the local radio station.

Needless to say, they had a wonderful, wonderful time.

Have You Subscribed to The ECHO?

### ALPINE HISTORY

By permission of the writer, Mrs. Beatrice La Force, we are publishing excerpts from her booklet, "ALPINE HISTORY—A Brief Account of Early Days," copyrighted in 1952.

#### POST OFFICE 1877 — 1952

Fire had destroyed the old store which housed the first post office. A second store had been built again on the south side of the road and once more the Post Office moved in with it. When fire also destroyed this building, a separate small structure was built, still on the South side of the highway but further west, where the Post Office stayed until it was moved into the first store built by Mr. Arnold. This was on the North side of Highway 80 on the site now occupied by THE ALPINE STORE and Post Office. In this new building the Post Office shared the room with the store and was run by the storekeeper who was also Postmaster.

This building was also destroyed by fire and was rebuilt on the same foundation, the building now there, with separate quarters for the Post Office and with Mrs. Alice Simmons as the Postmistress.

The latest chapter in the history of the Alpine Post Office was begun the first week in May 1952 when a new modern post office building was started in almost the same spot where the first tiny individual structure stood back in the early nineties.

#### EARLY ORGANIZATIONS

They say that the first women's organization to be formed in Alpine was THE LADIES AID SOCIETY growing out of the early church group before there was a church here. At first the women

Continued on Page 3

### USO Program Helps Service Men

A San Diego soldier on his first leave in a strange city awakens on Sunday realizing he has not checked the time of church service.

An airman from Boston must find housing for his family in a town near his Texas air base . . .

A lonely youngster from Kansas wants to enjoy some off-duty time at a dance, picnic or party . . .

A California lad stationed in Europe would like sight-seeing information during a leave in Athens or Rome . . .

Just for the asking, these off-duty needs of our young service men and women are filled by USO—wherever they go.

This is one of the programs people in San Diego County provided for last fall in their gift through the United Fund—this program and almost 100 others in health, welfare, and social service. Because of this gift through United Fund, the USO will not conduct a campaign locally during USO month, April.

To service men and women  
Continued on Page 4

### AREA COMPRISES 30,900 ACRES; TO HOLD ELECTION THIS SPRING

The prime function of the East County Municipal Water District is to be annexed to the San Diego County Water Authority at the earliest date, and to form a municipal water district by an election to be held in the spring of 1959, announced Beryl D. Phelps, San Diego civil engineer, at the local water district meeting held in the Alpine Union School last Monday evening.

The second function of the proposal is to provide transmission facilities to bring an adequate water supply from the present source of supply at Slaughter House Canyon to a common service point within the district at an elevation of approximately 1400 feet, said Phelps.

The East County Municipal Water District would be comprised of approximately 30,900 acres situated west of the Cleveland National Forest, north of Dehesa Road and Sweetwater Valley, south of U. S. Highway 80, and east of the Helix Irrigation District. This district would include Alpine, Harbison Canyon, Galloway Valley, Peutz Valley, La Cresta, Suncrest and Dehesa Valley.

Mr. Phelps proposes to bring water from Slaughter House Canyon by means of an 18-inch pipeline by gravity north of Lakeside to a pumping station near El Monte Park, and then to a terminal reservoir at a height of approximately 1400 feet near the Peutz Valley Road.

From that point it would be the responsibility of individual neighborhoods, unincorporated areas and existing agencies to develop water distribution systems for the property owners. It was stated that a portion of the water district, namely, Galloway Valley, Harbison Canyon and Dehesa would be served by gravity from the terminal reservoir. The terminal reservoir would be of a size which would contain approximately a 30-day supply of water as a safeguard against pump or water supply interruption. Other areas including Alpine would require additional pumping stations to provide water at a higher elevation. A few areas

such as Harbison Canyon already have a functioning distribution system.

The total cost is estimated at \$1,139,550, \$600,000 of which would be the cost of 50,000 feet of 18-inch pipe to the El Monte pumping station. Eighty thousand dollars would be for high pressure pipe from the pumping station to the terminal reservoir. The remainder of the cost would be for metering stations, pumping stations, rights-of-way, engineering, legal and miscellaneous expenses.

The cost of the transmission systems, main pumping station and terminal reservoir would be approximately \$1.60 per \$100 of assessed valuation. The cost for inclusion into the San Diego County Water Authority, payable over a period of 5 years, and annexation fee to the Metropolitan Water District payable over a period of 30 years, would be \$0.72 per \$100 of assessed valuation. These figures were based on the current assessed valuation for our area of \$5,000,000. It was indicated that if the assessed valuation were to increase to say \$10,000,000, the \$1.60 per \$100 valuation would be reduced to \$0.80.

Individual pipelines and distribution systems to supply the actual water from the terminal reservoir would constitute an additional cost which might be in the form of a bond issue or assessment.

Mr. Phelps gave an example of  
Continued on Page 3

### Assembly Of God To Hold Bible Studies

The spring church calendar at the Bethel Assembly of God, one-half block east of the corner of Tavern Road and Arnold Way, will include a weekly Bible Study each Wednesday evening at 7:00.

Because it will be strictly denominational in character, it is hoped that Bible lovers of all churches in the Alpine community will find it possible to take advantage of the course.

The book to be studied, "Seeing The Story Of The Bible," is the introductory one in a systematic course on the whole Bible. It presents in eleven lessons an "airplane view" of the Bible, showing the relation of the two Testaments, the sequence of the histories and how each of the parts fits into the plan of the whole Book.

Mrs. Coleland, pastor, will be the teacher. Those who wish to qualify for certificates may do so. Others will want to attend as listeners at each session, merely for the satisfaction of knowing more about the Book of Books.

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### Weather REPORTS



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# ALPINE ECHO

An Independent Weekly Newspaper  
Published in Alpine, California, San Diego County  
Subscription: 1 Year ..... \$3.00

TELEPHONE Hickory 5-2616

Paul J. Nichols ..... Editor and Publisher

Mailed at the Post Office in Alpine, California  
ALPINE ECHO, POST OFFICE BOX 8, ALPINE, CALIFORNIA

## Editorial

With the gradual population growth of our community and a constant lowering of the water table, particularly in extremely dry years such as this one, it is obvious that eventually an outside water source will be required.

The proposal for the possible formation of a water district, however, raises many questions and doubts. Is this area ready for water at this time? (Community growth would be more orderly and satisfactory if zoning preceded water). Is the assessed valuation great enough at this time? Is the proposed project the best means of supplying water to this area? Will the total cost be burdensome? Are the cost estimates given for the construction of transmission, pumping and storage facilities realistic? Will the mountainous terrain make distribution to many areas prohibitive? Will outside water actually benefit those who live and work here? It has been pointed out that, very likely, several large land holders would benefit early in the development of the water project.

We would like to reiterate our position on the question of water and the proposed water district. We feel that this project or any project of this gravity demands extremely careful analysis and we should like to inject a word of caution.

Using the example given during the discussion at the water meeting last Monday, a taxpayer now paying \$270.54 per year for taxes would have added to his tax bill the annual cost of \$93.26 for becoming part of a water district and having water brought to a common terminal point at 1400 feet elevation near Peutz Valley Road. This is a 34 percent increase in taxes merely for the cost of bringing water to Peutz Valley. This is for an 18 inch line—What happens should a 36-inch line be required? We are not engineers, but the proposed district is an exceptionally large one and it doesn't seem amiss to wonder if an 18-inch line is adequate to supply such vast acreage. If a larger line is ultimately required, all other projected costs will be magnified. And if water is supplied, it should be adequate for the entire area.

## Letter To The Editor

March 30, 1959

Alpine stands at a crossroads. The decision on the School Bonds is far more important than the money or even the kind of school Alpine is to have. This decision may influence the entire future of the community and the lives of Alpine's children for the next half century.

As a teacher at Junior College I am impressed each day with the fact that the fundamentals learned in the elementary school are essential tools for any person who is to succeed in higher education. I am sure that most parents who want their children to have the best in education are also concerned about the Alpine School. We all know that half day sessions are not good enough for our children.

If the coming bond election fails and our children have before them the prospect of continued half day sessions, then it will be our responsibility to move our family to some locality where they can get the full school program that we know they should have. It is only common sense that others will do the same and it is probable that Alpine's new families will be people who do not care about the future of their children or about the community in which they live.

As I see it a vote for the school bonds is a vote for the future of our children and for the future of America. It will make for a growing community of progressive citizens and rising property values.

A vote against the school bonds is a vote for a backward community with lower property values and with a class of citizens who are content to always be second best. Edgar S. Welty

# SCIENCE

## Humans Endure Terrific Heat For Space Flight Test

Human volunteers have withstood temperatures up to 500 degrees F. in tests designed to investigate means for protecting crews of space vehicles from the intense heat of re-entry into the earth's atmosphere. The volunteers went through the tests naked, lightly clothed, and dressed in heavy arctic flight suits. Temperatures from 350 degrees to 400 degrees F. were endured when naked, 450 degrees when lightly dressed, and 500 degrees when heavily dressed. The tests, reported by the Aero Medical Laboratory, Wright-Patterson Air Force Base, were conducted in a special oven that was turned off as soon as the subject said "ouch." The investigation was said to indicate that protection against transient heating is fairly easy to provide.

## Pickles In A Pickle

The pickle in which the cucumber industry has found itself trying to find the cause and cure for "bloaters" (gas-filled cucumbers that float), has been attracting the attention of biologists.

A theory advanced by Zdenka Samish, Ph.D., of the Agricultural Research Station at Rehovot, Israel, runs counter to the biologic principle that the inner tissue of fresh, healthy fruit is sterile. Investigation indicates that some "cuke" seeds germinate with bacteria already inside them. These fermentation bacteria generate the gas that floats the pickle. While no previous theory concerning bloating has proved satisfactory, Dr. Samish and her associates say, their own has the support of similar findings by other scientists working with other plants.

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## Letter To The Editor

March 30, 1959

The Alpine Echo,  
Victoria Drive,  
Alpine, California  
Gentlemen:

Would you please be so kind as to send to the above address the first issue of THE ALPINE ECHO as I would like to add it to a collection of California newspapers I am now forming. If copies of the first issue are no longer available, then any recent issue will be all right, however I would prefer the first issue.

Thanking you in advance for this favor,  
I remain,

Very truly yours,  
RAYMOND E. MARKS,  
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## Questions And Answers On Bond Issue

Continued from Page 1

### What Are the Costs of Operating An M-R Program?

In districts with fewer than 900 average daily attendance the County pays the teacher's salary and provides all the supplies and equipment. The only cost to the district is custodial service and utilities. If the district provides the classroom, it will be reimbursed at the rate of \$100 per month as rental.

### Will Building a School In Harbison Canyon Reduce the Cost of Transportation?

Definitely. The shorter the haul the cheaper the cost. Furthermore, when half-day sessions are eliminated the number of daily trips will be greatly reduced.

### Why Not Build More Classrooms On the Existing Elementary School Site?

For an elementary school the state requires a minimum of 5 acres plus one acre per each 100 pupils. This must be USABLE acres. Even our present enrollment in the elementary school would require 10 acres. We have approximately 7 USABLE acres. We have been officially advised that under no circumstances will the state permit additional classrooms to be constructed on the present site.

### Is There An Adequate Supply of Water on the Proposed Site?

We have had the recovery rate of the existing well determined by competent engineers and find that it will produce sufficient water to accommodate 4320 pupils. This is based on findings of surveys which reveal the average amount of water required per day per pupil in a public school.

### Has Proper Sewage Disposal Been Planned?

Not even preliminary plans will be approved by the state without adequate sewage disposal. Soil percolation tests were made in December, 1958, by soil engineers, and their findings have been incorporated in the architect's preliminary drawings. These plans meet all requirements of the County Health Department and have been approved and accepted by the State.

### How Are Other Communities Responding to Bond Issues And State Loans?

In San Diego County during the

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HI 5-2113 HI 5-2716

fiscal year, 1957-58, school district bonds in the amount of \$10,923,000.00 were approved and only one issue failed. During the same year \$11,720,000.00 in State loans were approved and no issue was rejected.

From September 30, 1958, to January 27, 1959, school district bonds in the amount of \$6,348,000.00 have been approved and three issues failed. One of these was in Alpine. During these same months \$12,352,332.38 in State loans have been approved and only one has been rejected. THIS WAS IN ALPINE.

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## Pine Valley News

BY ELIZABETH TAYLOR

Mr. and Mrs. Norman Houck made a trip to San Marcos on Monday and had dinner with Mr. and Mrs. Keith Collins.

Eddie Lundgren and family were down from Pasadena on Friday visiting old friends in Pine Valley.

Uncle Bert Bangs had seven weekend guests from the Elks Lodge in San Diego. The group had breakfast and dinner at the Hobart House on Sunday.

Mr. Ralph Mullins celebrated his birthday Sunday with a family potluck dinner. Those present were: Mr. and Mrs. Ralph Mullins, Bert and Judy Mullins, Mr. and Mrs. John Parr and family from El Cajon; Mr. and Mrs. Dale Hands and son also of El Cajon; Mr. and Mrs. R. Robinson and sons of Alpine, and Mr. and Mrs. George Taylor and son. After a delicious meal the group enjoyed some square

Continued on Page 3

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## CHURCH Services



ALPINE COMMUNITY CHURCH — Roger M. Larson, Ph.D., Pastor; HI 5-2110  
Sunday School For All Ages ..... 9:45 A. M.  
Morning Worship Service ..... 11:00 A. M.  
Pilgrim Fellowship (For Youth) ..... 7:00 P. M.  
Church Guild, Fuller Hall Every Wednesday ..... 9:00 A. M.

ST. PHILOMENA CATHOLIC CHURCH—Rev. Thomas Bolten, Pastor; HI 5-2145  
Sunday Masses 8:00 and 10:00 A. M.; 6:30 P. M.  
Daily Mass 8:00 A. M.

Receive Confessions Saturdays 4:30 to 5:30 P. M.; 7:30 to 8:30 P. M.  
Religious Instruction for Children Attending Public Schools:  
Harbison Canyon 11:00 A. M. Saturdays  
Alpine 1:30 P. M. Saturdays

BAPTIST CHURCH — Rev. James C. Arnold, Pastor; CY 8-3768  
Sunday School For All Ages ..... 9:45 A. M.  
Morning Worship Service ..... 10:55 A. M.  
Evening Worship Service ..... 7:30 P. M.  
Prayer Service Wednesday Evening ..... 7:30 P. M.

BETHEL ASSEMBLY OF GOD — Rev. Ruth Copeland; HI 3-3239  
Sunday School For All Ages ..... 9:45 A. M.  
Morning Worship Service ..... 11:00 A. M.  
E. C. A. .... 6:30 P. M.  
Evangelistic Sunday Night Service ..... 7:30 P. M.  
Prayer Service Wednesday Evening ..... 7:00 P. M.  
Colored Bible Slides Third Sunday Evening Of Each Month

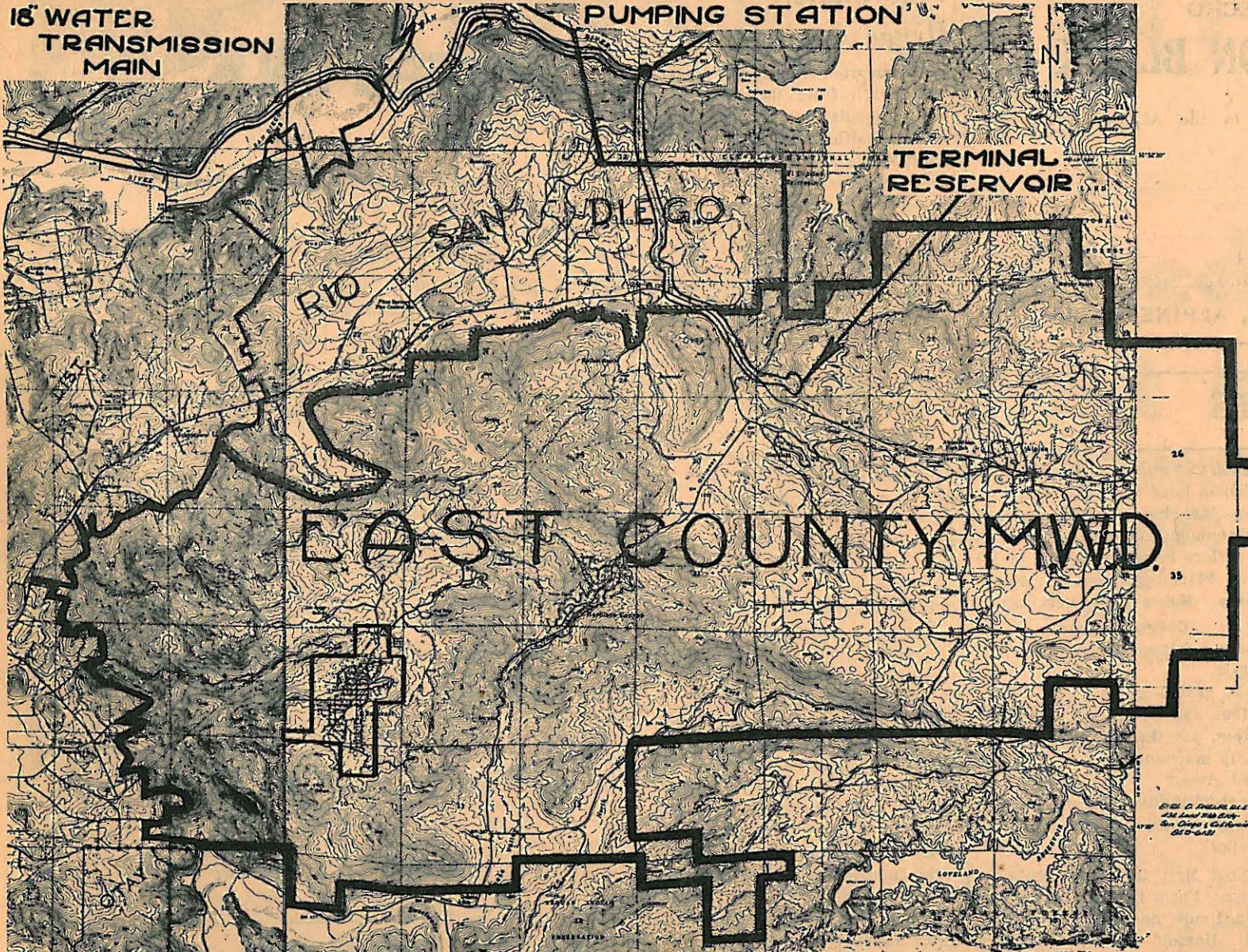
CHAPEL OF THE HILLS, Descanso. Rev. Mr. Wallace L. Truman; HI 5-3628  
Sunday School, for all ages ..... 9:45 A. M.  
Morning Worship ..... 11:00 A. M.  
Youth Fellowship ..... 6:00 P. M.  
Prayer ..... 9:00 A. M. Wednesday

BLESSED SACRAMENT CHURCH, Descanso—Fr. Tullio Andreatta, Pastor; HI 5-3620  
Sunday Mass 9:00 A. M. .... For week day Mass call rectory  
Holy Days and First Fridays Mass at 7 P.M.  
Confessions heard before all Masses

OUR LADY OF THE PINES CHAPEL, Mt. Laguna  
Sunday Mass ..... 12:15 P. M.

ALPINE LUTHERAN CHURCH — Rev. Charles W. Tedrahn, Pastor; HI 2-3595  
Morning Worship Service, Woman's Club ..... 10:45 A. M.  
Sunday School, every Sunday ..... 9:30 A. M.

**18" WATER TRANSMISSION MAIN**



The above map shows the outline of the proposed East County Water District and locations of the pumping station and reservoir

**Water District Proposal Explained**

*Continued from Page 1*  
 a parcel of land of 46 acres on Victoria Drive with a small house and an assessed valuation of \$4,000. The tax rate for this particular parcel is \$6.73 per \$100 of assessed valuation. The current tax on this parcel is \$270.54 per year. The additional tax would be \$28.94 for inclusion of the property in the San Diego County Water Authority (\$0.72 times 40) plus \$64.32 for the cost of transmission system to the reservoir (\$1.60 times 40) or a total of \$93.26 additional taxes. This, however, does not include bringing the water any closer than to the terminal reservoir. It does not include the cost of the transmission and distributing system or additional pumping facility required to bring the water from the terminal reservoir to the property on Victoria Drive.

The cost of the actual water use is estimated at \$3 per 1,000 cubic feet of water. This compares with the various costs in other districts such as Helix, \$3.10; Ramona, \$3; Lakeside, \$2.50; Valley Center, \$5. It was indicated that large users of water would be given a special reduced rate.

The Boards of Directors of the Rio and Helix districts have both refused annexation of the proposed district, but indicated a willingness to cooperate if the proposed district is formed.

It was stated that the next step would be to prepare a final boundary map, legal description and engineering study, and to request the S. D. County Board of Supervisors to form a Municipal Water District, as approved by the County Water Authority.

A petition for the formation of a Municipal Water District, to be known as the East County Municipal Water District was circulated and endorsed by several persons in attendance during the meeting.

Later an election to form a Municipal Water District can be set

by the Board of Directors. The annexation to the S. D. County Water Authority can then proceed concurrently, and upon approval will give this area entitlement to Colorado River water. The next step would be to hold a bond election to bring water into the district which would require a two-thirds vote. Mr. Phelps indicated that if property owners gave enthusiastic support to the proposed district, water would be available within two years.

Representing the proposed water district and present at the discussion in addition to Beryl Phelps were Walter Gibbs, Raymond Scroggs, George Butcher, Mr. Crow and Mr. Martin. These men have served on a voluntary committee basis and have given a considerable amount of their time to this project. Mr. Holmgren, general manager and chief engineer of the San Diego County Water Authority, was present in the audience and offered several explanatory remarks, although he stated it was not his position or intention to offer any endorsement or deterrent to the formation of a new district.

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**History of Alpine**

*Continued from Page 1*  
 met in homes, and sometimes in the old school houses.

When the Alpine Hall with its three rooms, was built, the Ladies Aid met there. It is recalled by several early residents, that this group shared the room now occupied by the Alpine Library, with the library when it was first established. The few books belonging to the library at the time were kept on some of the shelves, and the ladies aid member's cooking pots and pans and dishes were kept on others. It was an annual custom of this society, now called the Church Guild, to give a big chicken dinner every Washington's Birthday.

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**Pine Valley News**

*Continued from Page 2*  
 dancing; caller was Mr. Ralph Mullins.

Mr. and Mrs. George Taylor had three guests for breakfast Easter Sunday after Sunrise Services in Descanso: Mrs. A. Harris, Miss Linda Paslow, Miss Ina Mae Wordley, all of Lake Morena.

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**PRESENT MUSICAL**

At 7:30 p. m. on Sunday, April 5, in the sanctuary of the Alpine Community Church, the Chorale from the Mission Hills Congregational Church in San Diego will present "God's Trombones." There will be no charge for admission and everyone is invited to attend.

A games party will be held at the Youth Center, Friday, April 3, at 8 p. m. Proceeds will be used for the new baseball field.

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**RECIPES**

**COTTAGE CHEESE**

Cottage cheese consumption has doubled since 1947—jumping from an average of 2.6 pounds per person that year up to 5.2 pounds in 1957. And dairy marketing specialists say that cottage cheese consumption increased again in 1958.

Food specialists say dairy promotion and commercial manufacturing and marketing methods have made cottage cheese appetizing and attractive to consumers. The consumers now recognize that cottage cheese is a low-calorie food that offers good nutritional value for the price.

The American housewife welcomes a convenience food that requires no cooking or advance preparation in the kitchen, and is versatile in its many uses. Low-calorie, high quality cottage cheese is popular for year-round use in everything from appetizers to desserts.

Cottage cheese is used to make a variety of sandwich fillings: .....

To ½ cup drained cottage cheese add ¼ cup shredded carrots, 2 tabs. coarsely chopped nuts, and sufficient mayonnaise to give mixture spreading consistency. Season to taste.

For another tasty filling, substitute 2 tabs. chopped fresh tomatoes and 1 teas. chopped green pepper for the carrots and nuts in the above filling.

A cottage cheese-egg filling substitutes 2 hard-cooked eggs, chopped, and 1 tabs. chopped sour or sweet pickle—as desired—for the carrots and nuts.

**Apple Cheese Salad**

- 3 apples
- ¼ cup lemon juice
- 1 pound cottage cheese
- 1 cup seedless raisins
- ½ cup nuts
- Mayonnaise
- Lettuce

Wash and core, but do not pare

apples. Cut apples in eighths. Dip in lemon juice to prevent discoloration. Mix cheese, raisins, and nuts with enough mayonnaise to moisten. Place in center of bed of lettuce. Place apple sections around cheese. Makes 4 to 6 servings.

**Cottage Mound**

- 1 pound cottage cheese, country style
- 2 teas. grated onion
- ¼ teas. salt
- ¼ teas. paprika
- ¼ cup mayonnaise
- Salad greens
- Few stuffed olives, sliced
- Cucumber slices
- Paprika

Blend first five ingredients together. Form in neat mounds—a custard cup does the trick very well. Unmold on salad greens. Garnish with olives and cucumbers sprinkled with paprika. Makes 4 to 6 servings.

**Dessert Fruit Topping**

Beat 1 cup of cottage cheese with a rotary or electric mixer until smooth. Then add 1 tabs. of cream, 1 tabs. of sugar, and 1 teas. of vanilla, and mix well. Sprinkle with cinnamon to add flavor, and serve over sweetened fresh, frozen or canned fruits, such as strawberries, blueberries, peaches, pears, cranberries or cherries.

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**USO Helps**

Continued from Page 1

everywhere, USO means a friendly welcome in strange places, the fun and laughter of a USO show, a touch of home. With more than 2½ million young people in the Armed Forces, half of whom are under 25 and away from home for the first time, USO is an extension of home-town responsibility on a world-wide scale.

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**Fluoridation Urged Again**

Fluoridation won new acclaim last month from the Director of the California State Department of Public Health as the "Salk vaccine" for tooth decay. In an address before a San Diego luncheon meeting on Children's Dental Health Day, Malcolm H. Merrill, M.D., M.P.H., made the following points:

Although it is finding very slow acceptance in California and the other 48 states, fluoridation of public drinking water supplies is the most effective measure for the community wide prevention of tooth decay in children.

Studies have shown conclusively that the school-age population experiences 65 percent less tooth decay in any community where the water system contains the optimum amount of fluoride, than the youngsters in comparable communities in which the water supplies are deficient in fluoride.

With the care facilities and the preventive measures available, there is little reason why a 5-year-old should enter school with four primary teeth affected by decay, or why 13-year-olds should average eight teeth affected, or why 17-year-olds should have lost one permanent tooth and average 12 decayed, missing or filled teeth. Yet these are the conditions of dental caries in school-age children in any community in California — except in those communities in which the water supplies already contain or have been adjusted to the optimum amount of fluoride.

This one measure—fluoridation—approaches the effectiveness of Salk vaccine against paralytic poliomyelitis, which is now estimated to be about 80 percent effective after three injections. When the protection of fluoridation against tooth decay is once obtained it lasts a lifetime.

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enemy is not solely the responsibility of our young people in uniform. It's the responsibility of every loyal citizen. Through USO and the United Fund, the American people can effectively discharge their obligation of providing morale-sustaining hometown services to members of our Armed Forces, wherever they go.

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By JANIE

Saturday night, members of the Alpine Ramblers and their guests went down to the El Cajon Roller Rink for an evening of skating. Everyone had a wonderful time, but one of the members had an accident while she was skating. Patty Magee took a bad fall and broke her arm. Pat was taken to Grossmont Hospital where her arm was set.

But aside from Patty's accident, the evening was a success.

Another skating party is being planned by the Junior Pilgrim Fellowship for April 10, at the North Park Skating Rink. All members are invited to attend.

Sunday night members of the two Pilgrim Fellowship groups will entertain guests from San Diego who will present a very interesting program called "God's Trombones." The program starts at 7:30 at the Alpine Community Church.

Everyone is invited.

The cards, stationery, and novelties which the 7th and 8th graders are selling to raise money for the Junior High Fund are just beautiful. They should have no trouble selling these lovely assortments.

**HOBBIES:** The hobbyist for this week is Ray Partridge. Ray's hobby is collecting coins. He got started on this hobby by taking over his grandmother's coin collection. She had a very nice collection and he continued from there.

Ray has been collecting for over a year, and has a large amount of coins. He has around 35 that are very old, and a few that date back to 1835. Some of the coins are worth \$50 or more, so you can imagine how proud Ray is of his collection.

He likes collecting old coins, and would like to enlarge his collection, but as Ray says, "It is awfully hard."

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